Have you been worried about a colleague recently?



If you've noticed a colleague struggling, then offer support directly if appropriate, or reach out to:

IF THINGS DON'T SEEM OK, IT'S OK TO SAY

© Crown Copyright 2022

TRUST YOUR INSTINCTS

National Protective Security Authority

CPNI0083-IOTS2_A3-Poster-WORRIED_CPNI_Logo.indd 1